



Champlain Regional Planning Table for Trans, Two Spirited, Intersexed and Gender Diverse Health Services

Meeting: September 14, 2017. 6 - 9pm

Location: Centretown CHC boardroom, 400 Cooper St., Ottawa

Present:

Community members:

Kaeden Seburn, Mel Thompson, Patricia Vincent, Fae Johnstone, and Karen Luyendyk.

Service Providers: Tammy DeGiovanni, CHEO; James Fahey, Champlain LHIN; David Hesidence, Royal Ottawa Mental Health Centre; Jane Fjeld, Youth Services Bureau of Ottawa (as lead agency for child and youth mental health); Laurie Rektor, Family Services Ottawa; Devon McFarlane, Rainbow Health Ontario; and Simone Thibault, Centretown CHC (representing 6 Ottawa CHCs).

Erin Flemming, Coordinator

Regrets: Benny Michaud, Maëlys McArdle, Jaina Tinker, and Stephanie Hemmerick, Seaway Valley CHC.

Minutes:

1. Welcome: We acknowledge and honour that we hold this meeting on unceded Algonquin Territory. To be present on this land is an honour, a privilege and not a right.

2. Debrief from Meeting with LHIN Senior Management:

- Most of the table was present at the meeting
- Energy was good in the room; conversation was really engaged; there was positive movement and a feeling of pride in what the Table has accomplished
- Community members present shared their stories
- LHIN Senior Management received the presentation from the Table well
- CEO read the entire report; said recommendations were reasonable
- Representative from the Toronto LHIN would like to share the work they are doing and we are doing in our region with the Ministry. The Provincial Minister of Health is very interested in trans+ work

3. Update from LHIN:

- Opportunity for the Table to present to the LHIN board at their November 22 meeting, which is being held at Wabano. The Table will likely have 45 minutes to present. LHIN Board meetings are public.
- LHIN would welcome an HSIP from the Table around our priority recommendations of supporting the work of the Table and establishing a system planner position. If approved, funding would be under \$200,000 and an increase to base.
- LHIN can only fund HSP agencies currently in receipt of LHIN funding. At this time, it would be more likely that they would fund a community agency rather than a hospital.
- There is a small window of opportunity for discretionary funding; if a proposal is to be submitted, it should be done ASAP
- LHIN will take an HSIP from the Table seriously, in addition to their support of our report, gender identity and gender expression are priorities in their 2017 - 2018 Annual Business Plan.
- Good plan to submit business plans to the Ministry for services and the LHIN for the Table and system planning. Do them parallel, but separate (October/November time frame)
- Questions arose about next steps after the investment for the Table and system planner. It was discussed that it may be best to see the work done by the system planner before making future decisions (cannot predict what will come up)
- In the next few months look at the best way to resource the full set of Table recommendations - LHIN and/or MOHLTC?
- Discussion around the three community agencies who could potentially take on the HSIP.
- Discussion of the importance of the organization continuing to work closely with the Table; request was made that HSIP include language around working collaboratively with the Table
- Table felt that it was important to keep any ask to the Ministry around stabilization of services. Individual organizations can apply but they should also connect with the broader community

ACTION:

- Centretown Community Health Centre, Seaway Valley Community Health Centre, and Family Services Ottawa will meet to see who is interested in undertaking the HSIP, who has the capacity, etc. Once a decision is made, the three agencies will let the Table know their reasons why via email
- Through consensus of the Table it was decided that Kaeden would co-write the HSIP with the selected agency

- Draft HSIP will be sent to the Table for review on September 29, 2017 by 12:00 PM. The Table must submit their feedback by October 2, 2017 at 5:00 PM. The HSIP will be submitted to the LHIN by October 4, 2017
- The Children's Hospital of eastern Ontario will work on a proposal to the Ministry and will bring back to the Table for feedback

4. Meeting with Sick Kids re Children, Youth, and Family Gaps:

- Devon and Tammy met with the Hospital for Sick Children in Toronto
- Discussed youth needs assessment which highlighted significant gaps in services for gender diversity across the province
- The Children's Hospital of eastern Ontario and Sick Kids are in similar situations for their work around gender diversity (e.g., long waitlists, etc)
- The Children's Hospital of eastern Ontario, Sick Kids, and Rainbow Health Ontario agreed to work on a joint proposal for children/youth across the province. In addition to core funding, Rainbow Health Ontario will provide training to health care workers regarding youth from the gender diverse communities

ACTION:

- Tammy and Devon to follow-up with the Table regarding any updates

5. Training/Supporting Practice Change in Primary Care:

- Table's needs assessment indicated that support access to hormone prescriptions and surgical referrals is a priority in the Champlain region
- Centretown CHC and Rainbow Health Ontario have some resources that could be applied to a short-term project (to be completed prior to March 2018) to offer training and other learning opportunities to support practice change in primary care in the Champlain region, focusing primarily on prescribers as well as providers who could play a role as second assessors for surgical referrals
- Proposed project would include:
 - 1) Providing approximately 8 trainings in Champlain LHIN on the topics of primary care (est 6 trainings) and surgical referral (est 2 trainings).
 - 2) Offer learning opportunities for prescribers in the hormone start clinic. Specifically this would include providing structured opportunities for primary care providers to shadow at Centretown CHC provide structured opportunities for medical residents and NP students to train at Centretown CHC; and potentially offer onsite mentorship and assistance setting up supports in Cornwall, at Seaway Valley Community Health Centre (to be explored with them).
 - 3) Provide follow-up support to training participants via phone calls, site visits, etc to answer questions, provide clarification, and offer additional resources/support
 - 4) Promote additional, on-going support resources

- Rainbow Health Ontario is looking to hire one FTE to work about 70-80 days between mid-November and the end of March. Person would need to have a clinical background
- In lieu of approving Centretown's corporate services expenses in the 2017 Trans Health Clinic funding application, the LHIN allocated the equivalent dollar value to Centretown CHC to perform outreach and capacity building activities to primary care providers in the region. Centretown CHC can use these funds to offer learning opportunities for prescribers in the hormone start clinic
- It was suggested that working with Trans Health Information Ottawa would encourage more buy in from the community, and make sure spectrum of gender is included in training

ACTION:

- Rainbow Health Ontario has someone working on a facilitator's manual. Devon to hopefully bring to the Table for feedback
- Future discussion-depending on who's hired for the project, they would need some orientation. Devon would like to talk to some people around the Table about this
- If the Around the Rainbow program at Family Services Ottawa hires someone quick enough, they could commit some training hours to this project

6. Terms of Reference:

- Need to discuss and revise now to reflect current situation; e.g. the deliverable of the report has been completed
- Laurie and Erin created a new draft based on the original TOR for discussion

ACTION:

- Table members to review draft Terms of Reference and bring feedback/suggestions to next meeting

7. Other Business:

- Foundations and Pathways Ottawa are looking for peer support volunteers. Fae to send the link to the Table

8. Next Meeting:

- Update Terms of Reference
- Next meeting to be scheduled for the week of October 16, 2017. Erin to send out Doodle poll