



Champlain Regional Planning Table for Trans, Two Spirited, Intersexed and Gender Diverse Health Services

Meeting: December 11, 2016. 12 - 4pm

Location: Family Services Ottawa

Present:

Community members:

Mikki Bradshaw, Maëlys McArdle, Benny Michaud, Kaeden Seburn, Mel Thompson, Jaina Tinker, Patricia Vincent.

Trans Health Information Ottawa: Rika Moorhouse, Serena Rivard.

Service Providers: Tammy DeGiovanni, CHEO; James Fahey, Champlain LHIN; Jane Fjeld, Youth Services Bureau of Ottawa (as lead agency for child and youth mental health); Stephanie Hemmerick, Seaway Valley CHC; David Hesidence, Royal Ottawa Mental Health Centre; Laurie Rektor, Family Services Ottawa, Simone Thibault, Centretown CHC (representing 6 Ottawa CHCs)

Jane Moloney, Project Consultant

Minutes:

1. **Welcome:** We acknowledge and honour that we hold this meeting on unceded Algonquin Territory. To be present on this land is an honour, a privilege and not a right.

2. Introductions

Ground Rules

Confidentiality

- Group email will be used for all communication and community members' emails will not be shared without their permission.
- Personal stories shared as part of this work are very valuable for understanding and raising key issues. The stories will be kept within the group and only key 'take aways,' as agreed by the group and the person sharing the story, will be documented. If we wish to include an anecdotal story to highlight an important experience or issue, we will only do so with the permission of the person sharing the story.

Language

- The term trans is not inclusive of Two Spirited people who do not identify as trans. Intersexed people also do not necessarily identify as trans. Therefore, it was agreed that trans will not be used as an umbrella term by this group. At present, the work of the RPT will refer to trans, Two Spirited, Intersexed and gender diverse people.
- The Truth and Reconciliation Commission (TRC) calls to action that relate to health should be included throughout this planning process. The TRC health-related recommendations



can be found [here](#). The regional services plan and planning process will maintain a focus on culturally appropriate, gender-affirming care, programs and services.

- Engaging Francophones. There was discussion about the translation of the documents produced by the work of the RPT into French, including: terms of reference; meeting agendas and minutes; and all documents related to the deliverables of this initiative. A number of partners around the table offered to look for opportunities to find the resources to ensure that these documents can be translated and that all documents are made available on the website (<http://ottawatranshealthplan2017.weebly.com/>) simultaneously (i.e. no delay before French versions are posted). Jane Fjeld committed to providing funding for the first set of documents to be translated. If possible the translator used for the translation of the documents related to the recruitment of community members for the RPT will be used as he is a member of the trans, Two Spirited, Intersexed and gender diverse community.

Meeting Objectives

Information was provided on the work done to date on planning trans health services by Centretown CHC and other providers and how this regional planning initiative has come about. Centretown CHC submitted a funding request to the Champlain LHIN to support this work and to provide the resources required for the RPT work. The LHIN has approved the funding request.

Background was provided on the March 2016 change in regulations by the Ontario Ministry of Health and Long Term Care (MoHLTC) for referrals for gender affirming surgery, the additional funding that was provided for capacity-building and how this work can be used to request funding.

There are two potential opportunities to request funding: 1) submit business plan/case to the Champlain LHIN for their allocation of discretionary funding and 2) request specific funding from MoHLTC for capacity building for trans, Two Spirited, Intersexed and gender diverse care, services and programs in this region.

James Fahey (Champlain LHIN) explained the LHIN's timeline for developing its 2017-18 Annual Business Plan (ABP). It is a high-level plan that indicates where the LHIN expects to target its energy and resources. It aligns with the LHIN's 3-year strategic plan. The LHIN will submit a draft ABP to the Ministry of Health and Long Term Care (MOHLTC) by March 31st. A final plan will be submitted later in the year, within 120 days of the provincial budget announcement. As the work of the RPT will not be completed before the LHIN submits its draft ABP, James will keep the LHIN informed on RPT's progress as its work unfolds.

Goals and Objectives of the RPT:

a) Service Mapping

- The goal is to produce a comprehensive map of awareness, care and services that includes questions about pathways to all types of health care; care, services and supports related

to mental health, addictions and concurrent disorders and social services for trans, Two Spirited, Intersexed and gender diverse people.

- This mapping will ask specific questions related to culturally appropriate services
- Providers at the RPT who are connected through networks will be able to assist in this work by connecting with their networks. Centretown CHC, YSB and FSO all identified that they can do this.
- The Royal Ottawa Mental Health Centre can provide some questions to help start build the tool for the mapping
- The group identified the need to connect with stakeholders not connected to this work

b) Identifying opportunities for process improvements

- Take the opportunity during service mapping (and its validation with community members) to assess problems and identify opportunities for improvements in processes
- Identify barriers to access
- Try to get information on who is accessing services in order to point to gaps (e.g. if people are travelling long distances to services, although need to be aware that this may be a preference)

c) Identifying gaps in services and resources required to address them

Overall, it was agreed that these are not three separate processes and that information gathered may address 1, 2, and 3 at the same time.

3. Draft Terms of Reference

Potential participation by Rainbow Health Ontario: All agreed that RHO be invited to attend the RPT as observers to inform provincial planning

4. Workplan:

a. Community Engagement

After lengthy discussion about community engagement related to this initiative, it was agreed that we will start with a scan of engagement and consultation done to date. This will identify who has been consulted, what the result of the consultation was, if recommendations made were they implemented? If they were not implemented. Why not?

After reviewing this information, the group will decide what further engagement and consultation is required to meet the goals of the RPT in the short timeframe for the deliverables.

b. Service mapping: Process, validation, tasks

A questionnaire will be produced for the approval of the RPT that will be used to map services and how they are delivered.

c. Process Improvements

To be discussed after service mapping

d. Identify Gaps

To be discussed after service mapping

e. Ongoing planning and engagement

See a) above

5. University Community Service Learning Placements

- Possible student placements to provide communications and project management support
- Agreed to connect with program coordinator and check to see if any of the potential students identify as trans, Two Spirited, Intersexed and/or gender diverse. Cis-gendered students will not be used to support this work in recognition of employment inequity for trans, Two Spirited, Intersexed and gender diverse people.

6. Community Consultants & Trans charter of rights

To be discussed as part of future work

7. Next Steps:

Task	Responsible
1. Minutes will be written up, sent to the group for approval by email and then sent for translation.	Minutes - Jane Moloney Approval - all Translation - Jane Moloney/ Jane Fjeld
2. Scan of community engagement/consultation to date	Jane Moloney to all RPT members
3. Service mapping questionnaire to be drafted for approval by RPT	Jane Moloney to all RPT members
4. Contact University of Ottawa re: community service learning placements	Jane Moloney

8. Dates of future meetings

- Doodle polls will be set up for two meetings in January and two in February.
- Meetings will be available via video link for those not able to travel to a central Ottawa location.
- The Ottawa-based meeting location will be Centretown CHC.
- Meetings will be two hours (6pm - 8pm in the evening) and we will try to find a weeknight before exploring the option of meetings on Sundays.
Saturdays are not possible for more than one member of the group.